

OBSTETRICS/GYNECOLOGY CLERKSHIP - Entry #695

Student's full name

Salma Marijan Ally

Class

Level 6

Ward's Name and Number

Antenatal room

Patient's Registration number

425274

Patient's demographics

Noela modest 20years old form maoda with iraqw in tribe and cristian, by religion peasant G1 PoLo GA 36weeks and 4 days EDD 30/5/2026, LNMP 23/8/2025

Chief complaint

Lower abdominal pain for 1day

History of presenting illness (HPI)

The patient was apparel well until 1 day prior to admission when she started to experience the history of lower abdominal pain,gradual onset,on and off cramping in nature radiate to the back with no associated factors, aggreviate during sleep and relief during sit and she degnied the history of nausea, vomiting, difficult in swallowing, constipation, no pain during urination no frequency micturition on admission blood sample was taken

Review of other systems

Respiratory system, no chest pain, no chest tightness no difficult in breathing

Cardiovascular system, no shortness of breath no awareness of heart beat

Central nervous system, no headache no fever no convulsing

Past obstetric history

She booked ANC at GA of 16 weeks, she received FEFO, SP, Mebendazole, TT 1, PMCT 2 with no any complication during delivery

Past gynecological history

First menarche at 14 years old which last for 3 days in a cycle of 28 days, she uses piece of kanga change 4 times per day not full soaked not pain during menses with no history of contraceptive use and no history of STIs

Past medical history

This is first admission due to delivery no history of BT no history of food and drug allergy no history of chronic illness and no history of surgery

Family social history

Married and live with her husband both level of education is form 2, both are peasant, live in a well ventilated house, use tap water not boiled no history of cigarette smoking and drug alcohol no history of heredity disease

General examination

Conscious with normal hair texture, color and distribution, not pale per conjunctiva no jaundice per sclera, no discharge per ear eye nose and mouth no cyanosis no lymphadenopathy normal capillary refill which return with 2sec no finger clubbing no oedema

VITAL SIGN

BP 122/77 mmHg

PR 66b/m

RR 16b/m

Temp 36.6 degree centigrade

Systemic examination

Per abdomen, Gravida abdomen move with respiration with no traditional mark or surgical mark, have linea nigra and abdominal striae, fundal height 36cm, longitudinal line, cephalic presentation descent of 5/5

RS, symmetrical chest move with respiration with no traditional mark or surgical mark no tenderness, trachea was central located, normal tactile vocal fremitus normal chest expansion, resonant percussion not are heard and vesicula sound

Cardiovascular system no distended JV no traditional mark or surgical mark and Apex beat located at the 5 left mid clavicular line S1 and S2 are heard

Central nervous system conscious orientation to people place and time, short and long term memory are intact normal muscle power, tone, and bulkiness all cranial nerve are intact with good sensation

Summary

A 20 years old female from maeda G1PoLo GA of 36weeks and 4 days come with complain of lower abdominal pain for 1day which is cramping in nature radiate to the back with no any positive finding on examination

Provisional diagnosis

Pre term pregnancy at GA of 36 and 4 days with latent phase of labor

Differential diagnosis

Urinary tract infection due to lower abdominal pain

Investigations

Obstetrics ultrasound

Hb level

Blood grouping and cross matching

Treatment plan

Encourage oral sips

Ambulation

Bed rest

Follow up plan

To monitor contraction

Vital signs

Prognosis

Good

Preventive measures

Proper antenatal care
Early diagnosis and treatment

Patients summary of management plan based on daily ward rounds.(kindly include investigation results and decisions)

A 20 years old female from maeda G1PoLo GA 36weeks come with complain of lower abdominal pain on provision diagnosis is pre term pregnancy at GA of 36weeks and 4 days with latent phase of labor on investigation is obstetrics ultrasound to rule out maternal infection, Hb level and blood grouping and cross matching and on treatment is encourage oral sips, Ambulation and bed rest

Notes**GENERAL COMMENT**

With LNMP of 23/08/2025 the GA of 36 weeks is wrong. Recalculate the GA and rewrite the clerkship
Added by medischola on May 26, 2026 12:50 pm

[Medischola Tanzania](#)